

# Skills Demonstration Checklist

NAME \_\_\_\_\_

TITLE \_\_\_\_\_

SKILL PERFORMED Hand-washing CATEGORY Infection control

PROCEDURE	P	NR
1. Water at sink at recommended temperature (hot without harm to skin)	<input type="checkbox"/>	<input type="checkbox"/>
2. Hands and wrists thoroughly wet	<input type="checkbox"/>	<input type="checkbox"/>
3. Soap applied to hands	<input type="checkbox"/>	<input type="checkbox"/>
4. All surfaces of hand lathered well, including wrists and fingers	<input type="checkbox"/>	<input type="checkbox"/>
5. Friction applied to all surfaces for at least 20 seconds	<input type="checkbox"/>	<input type="checkbox"/>
6. Fingernails on each hand cleaned by rubbing vigorously against opposite palm	<input type="checkbox"/>	<input type="checkbox"/>
7. Hands and wrists rinsed in a downward motion while maintaining hands lower than elbows	<input type="checkbox"/>	<input type="checkbox"/>
8. Clean paper towel used to thoroughly dry hands and wrists	<input type="checkbox"/>	<input type="checkbox"/>
9. Clean paper towel used to turn off faucet	<input type="checkbox"/>	<input type="checkbox"/>
10. No surface touched after hands cleaned	<input type="checkbox"/>	<input type="checkbox"/>
11. If necessary, clean paper towel used to open door	<input type="checkbox"/>	<input type="checkbox"/>

P = Passed NR = Needs Review

\_\_\_\_\_  
Employee's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Instructor's Signature

\_\_\_\_\_  
Date